

Teen Intervene can serve as a diversion program and provide a viable alternative for students facing suspension for drug use. Middle and High School students can be referred to the New Choices Prevention program for three to four sessions. These sessions involve screening, brief intervention, and referral to treatment for substance use. They are also designed to engage both the teen and their parents to produce positive outcomes. A major benefit to this unique comprehensive program is that it is proven to reduce the use of alcohol, marijuana, and tobacco.

Finally, Teen Intervene is based on three mental health models: Motivational Interviewing, Stages of Change, and Cognitive Behavioral Therapy. Each member of the New Choices Prevention team has been trained in every aspect of the program and can serve as a valuable and effective resource to Schenectady County school districts.



Life on Solid Ground
New Choices
RECOVERY CENTER

New Choices
Recovery

1462 Erie Blvd.
Schenectady, NY 12305

518-280-9895
njones@newchoicesrecovery.

New Choices
Recovery

Teen Intervene

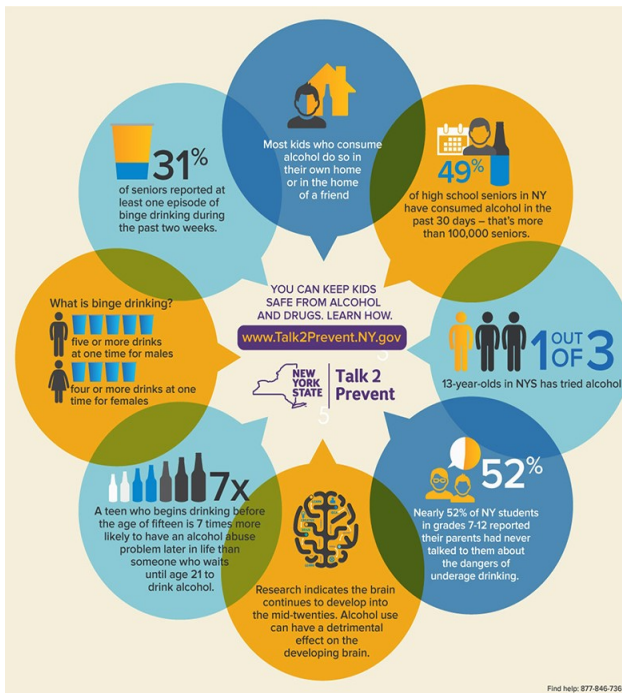
- An evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.
- Based on the SBIRT (Screening, Brief Intervention, and Referral to Treatment)



518-280-9895

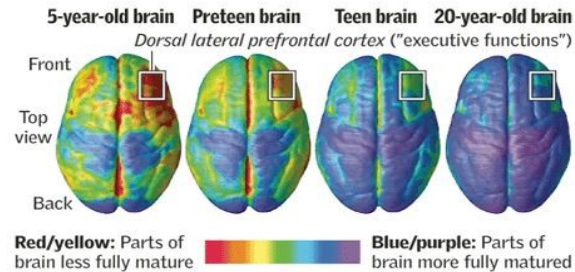
Teen Intervene

Designed specifically for youth, who are experiencing mild to moderate problems associated with alcohol or other drug use, the Teen Intervene Program provides education, support, and guidance. Through this brief intervention, youth work one-to-one with a prevention specialist in identifying and changing their choices and behaviors.



Judgment last to develop

The area of the brain that controls "executive functions" — including weighing long-term consequences and controlling impulses — is among the last to fully mature. Brain development from childhood to adulthood:



Helps young people learn to make healthier choices

Maybe they've been caught drinking or smoking marijuana. Maybe they are beginning to experience problems at school or home as a result of their alcohol or other drug use. They aren't addicted, but some type of intervention is needed. The research based Teen Intervene Program helps youth identify the reasons they have chosen to use alcohol or other drugs, examine the effects of substance abuse in their lives, and learn to make healthier choices.

Providing a personalized approach

Each young person has his or her own reasons for using alcohol or other drugs and individual teens differ greatly in terms of their willingness to change. By focusing on individual goals and personalized feedback, Teen Intervene effectively addresses each young person's specific needs. Based on the brief intervention model, Teen Intervene consists of three to six sessions with a prevention specialist.

This program is free to Schenectady County school districts and families.

Please call with a referral or if you have any questions.

518-280-9895



New Choices Recovery

1462 Erie Blvd.
Schenectady, NY 12305

518-280-9895

njones@newchoicesrecovery.org
prevention@newchoicesrecovery.org