

What We Do

Our Team works in a variety of settings including all schools, community-based organizations and with the community at large in Schenectady County.

We employ evidence-based practices and environmental strategies to strengthen protective factors and reduce risk factors throughout communities.

We deliver a widespread range of services to all ages that include research-based education programs, positive alternative activities for youth, skills development for social/emotional and behavioral health, and training for parents all at no cost.

Services We Provide

- Substance Abuse Prevention Curriculums/Programs including teen intervention
- Positive Behavioral Health Pgms.
- Parent Education & Support Pgms.
- In & After School Programs
- Gambling Abuse/Addiction Awareness & Prevention
- Prevention Speakers on ATOD
- Staff Development
- Community Coalition Building
- Com'ty/School Events Participation
- Referral & Resource Provider

Sampling of Programs

PAX Good Behavior Game®

A universal program for elementary grades that focuses on activities of engagement, assessment, application and evaluation. These efforts focus on education related to tobacco, alcohol, and other drugs in support of decreasing mental, emotional and behavioral health.



Too Good!®

Variety of age-appropriate activities including worksheets, games, and stories. The program teaches 5 social emotional skills: Goal Setting; Decision Making; Bonding w/others; Identifying and managing emotions; and communicating effectively.

Additional development skills topics broaden the child's sense of self-efficacy and confidence, help them manage mistakes, resist peer pressure and make healthy choices.



Botvin LifeSkills®

Promotes positive development in addition to helping youth resist drugs, alcohol, and tobacco use.

The program also effectively supports the reduction of violence and other high-risk behaviors.



SPORT

SPORT Prevention Plus Wellness is a single session substance abuse youth program promoting physical activity, sports and health. It is also designed to increase stress control, healthy eating and adequate sleep habits.



Teen Intervene

Designed for youth, who are experiencing mild to moderate problems associated with alcohol or other drug use. It provides education, support and guidance.

Active Parenting Now®

Parenting classes that offer new ways to help families connect for prevention. Other topics include step-parenting, divorce, school success, and character education.

