



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

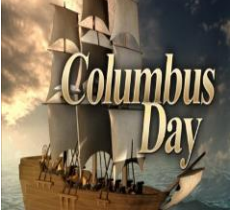
1
Mini Dipper
(Corn Dogs & Pretzels) w/Dip
Oven Fries or Celery Sticks
Fresh Fruit or Fruit Cup
Milk

2
Pasta & Meatsauce
w/ WG Roll
Romaine Salad
Mixed Vegetables
Fresh Fruit or
Diced Peaches
Milk

3
Cheeseburger
Tater Tots
Cucumber Slices
Fresh Fruit or
Applesauce
Milk

4
Taco in a Bag
w/ Tortilla
Vegetarian Beans
or Golden Corn
Fresh Fruit or
Diced Pears
Milk

5
Pizza ~
**WG Cheese or Turkey
Pepperoni**
Steamed Carrot Coins
or Brussel Sprouts
Fresh Fruit or
Mixed Fruit
Milk

8

Columbus Day

9
Macaroni & Cheese
w/ 1 WG Roll
Romaine Side Salad or
Steamed Carrots
Fresh Fruit or
Diced Peaches
Milk

10
Cinnamon Sticks
w/ 2 Turkey Sausage
Tater Tots or
Cucumber Slices
Fresh Fruit or
Applesauce
Milk

11
Soft Shell Tacos
w/ Toppings
Vegetarian Beans
or Golden Corn
Fresh Fruit or
Diced Pears
Milk

12
Pizza ~
**WG Cheese or Turkey
Pepperoni**
Butternut Squash or
Green Beans
Fresh Fruit or
Mixed Fruit
Milk

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable. Menus Subject to Change USDA and this institution are equal opportunity providers and employers.

15
**Chicken & Cheese
Fajita**
Broccoli or Celery Sticks
Fresh Fruit or Fruit Cup
Milk

16
Hamburger on a Bun
Golden Corn or
Green Beans
Fresh Fruit or
Diced Peaches
Milk

17
**French Toast Sticks
& Warm Syrup
w/ Turkey Sausage**
Romaine Side Salad
or Baked Oven Fries
Fresh Fruit or
Applesauce
Milk

18
**Chicken Patty
Sandwich**
Vegetarian Beans & or
Carrots
Fresh Fruit or
Diced Pears
Milk

19
Pizza ~
**WG Cheese or Turkey
Pepperoni**
Garbanzo Beans or
Roasted Cauliflower
Fresh Fruit or
Mixed Fruit
Milk

22
Hot Dog on a Bun
Spinach Salad & Corn
Fresh Fruit or Fruit Cup
Milk

23
**Hot Turkey Ham &
Cheese Sandwich**
Sweet Potato Fries or
Mixed Vegetables
Fresh Fruit or
Diced Peaches
Milk

24
**Belgian Waffle Sticks
& Warm Syrup
w/ Turkey Sausage**
Tater Tots
or Cucumber Coins
Fresh Fruit or Applesauce
Milk

25
Nachos Grande
w/ Beef Taco Meat & Cheese
w/ 1 Tortilla
Vegetarian Beans or
Grape Tomatoes
Fresh Fruit or Applesauce
Milk

26
Pizza ~
**WG Cheese or Turkey
Pepperoni**
Steamed Carrots or
Brussels sprouts
Fresh Fruit or Mixed Fruit
Milk

29
Macaroni & Beef
w/ 1 WG Roll
Sweet Peas or Cauliflower
Fresh Fruit or Fruit Cup
Milk

30
**Chicken & Cheese
Quesadilla**
Broccoli or
Baked Beans
Fresh Fruit or Diced
Peaches
Milk

31
**French Toast Sticks
& Warm Syrup
w/ Turkey Sausage**
Steamed Carrots or
Baked Oven Fries
Fresh Fruit or Applesauce
Milk

Weekly Cold Entrée Offering
Monday – **Turkey & Cheese Sandwich**
Tuesday – **Ham & Cheese Wrap**
Wednesday – **Turkey on a Bun**
Thursday – **Turkey and Cheese Wrap**
Friday – **Turkey Ham Sandwich**

Milk Variety Includes:

1% White, Fat Free Chocolate & Skim
All grains are whole grain rich
Meal Components ~ Protein Grain Fruit
Vegetable Milk
Entrees may consist of 1-3 components

Available Daily

Peanut Butter & Jelly Sandwich, Sun
Butter & Jelly, Jelly Sandwich w/Cheese
Stick
Baby Carrots (1/4 c) ~ Fresh Fruits

Weekly Salad Specials

Served with A WG Roll
Mon, Wed, Fri ~ Chef Salad
Tues, Thurs ~ Chicken Caesar
All served with choice of fruit, veggie and milk